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## Foster Cat Journal: The Cat Tree that Hormones Built-Part 1

Sun, 2010-02-07 17:10 — Robin Olson

It's not my fault I get PMS. I didn't go online and order a 12-pack of the "Super-Beyatch 2010 Kit." You know, the one with "extra Rage flavored" tablets?

I get PMS. Some times it's REALLY bad. I think it's [PMDD](#) <sup>[1]</sup>, but since I'm going insane at the time, it's tough to do any research when all I want to do is slit my wrists, cry, get mad about things that only usually annoy me, watch chick flicks, overeat carbs, or do all of those things at the same time.

As a Public Service, I notify Sam a few days ahead to watch out. I do this every single month. Every single month he seems to FORGET to steer clear of me during this malström and gets pissed at me when I start to get pissy.

Yesterday we had to run some errands. Before we even left the house, Sam noticed we'd gotten a big shipment by the front door. I was delighted to see that Cupid's new Cat Tree had arrived! The box was too huge to schlep into the house so I suggested we cut it open and take the parts into the house and leave the box in the garage to take to out to be recycled later. So Sam stepped up and started ripping the box apart. Intent on being helpful, he grabbed at the contents of the box as I had already started to do. I hit some of his fingers and he recoiled back, shouted, then gave me a REALLY nasty look. Well my friends, that was it.

There goes the switch. **KAH-CHONG!** (Yes, that's the sound it makes. Trust me.) The PMS I had been trying so hard to avoid went from a simmer to a boil. I thought; "If he hadn't been trying so hard to be a Boy Scout (*push me out of the way*), we could have just gotten this done without the drama!" Now I was mad. He was mad. The tension only got worse as I drove (*safely and not insanely*) to the Bakery.

In trying to avoid things going more postal, I said that I didn't feel like we were getting along very well and that I thought we should forget doing the other errands and just go back home. Well, that just pissed Sam off even more, but what was I to do? I knew that at any moment I was going to lose control, drive into a tree, screaming all the while; "I TOLD YOU I WAS GOING TO HAVE PMS. I TOLD YOU. DID YOU LISTEN TO ME, EVER?!!!!SEE? THIS IS WHAT YOU GET FOR NOT PAYING ATTENTION! WHY DIDN'T YOU STAND NEAR ME IN THE BAKERY? DO I SMELL BAD? YOU HATE ME, DON'T YOU!"

So we got home. I took off my coat, trying to be calm. Sam walked in the door, got his car keys and turned around and curtly said; "I'm going to the store."

You have GOT to be kidding me! We didn't even HAVE to go to the store. So I offer up the shopping list and manage not to rip his head off. All I could do was think what a jerk he was for putting a bigger rift between us while I'm really trying NOT to do or say a thing. It's the only way to prevent Armageddon. 100% avoidance of each other until it passes!

I decided I was going to build the stupid cat tree for Cupid. I told myself I would go slow and if I got upset, that I would stop. I saw the video about how to build the cat tree on [Drs. Foster Smith's web site](#) <sup>[2]</sup>. It looked super easy. I can do this. I do not need help!

RIGHT????!!!

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[Ringworm](#) <sup>[10]</sup>

## Comments

Sun, 2010-02-07 18:42 — [Pontorson](#) <sup>[11]</sup>

**Wow - nice cat tree!** <sup>[12]</sup>

Cupid is one lucky, lucky cat. Which colour did you get her?

Have a hug!

Sun, 2010-02-07 21:53 — [Robin Olson](#) <sup>[13]</sup>

## **Stay Tuned** <sup>[14]</sup>

TONS of pix and part two will be uploaded in the morning! All will be revealed!

;-)

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Robin @ [Google+](#)

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### **Links**

- [1] <http://www.mayoclinic.com/health/pmdd/AN01372>
- [2] [http://www.drsfostersmith.com/product/prod\\_display.cfm?c=3261+10345+1887+20271&pcatid=20271](http://www.drsfostersmith.com/product/prod_display.cfm?c=3261+10345+1887+20271&pcatid=20271)
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